

Meeting: Strategic Commissioning Board			
Meeting Date	03 February 2020	Action	Receive
Item No	6	Confidential / Freedom of Information Status	No
Title	Mental Health Update		
Presented By	Julie Gonda, Interim Executive Director for Communities and Wellbeing		
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Clinical Lead	Dr Dan Cooke,		
Council Lead	Cllr Andrea Simpson, Portfolio Holder Health & Wellbeing		

Executive Summary
<p>This report highlights progress against the delivery of the Bury Mental Health Framework developed in October 2019, following a stakeholder engagement event.</p> <p>A community engagement project was commissioned from the VCF sector, to inform the priorities of the framework, a summary of the findings are included in the report.</p> <p>It also provides an update on existing pieces of work and key areas for development in 2020.</p> <p>The report outlines the next steps in the delivery of the framework.</p>
Recommendations
<p>It is recommended that the Strategic Commissioning Board:</p> <ul style="list-style-type: none"> Note progress against the delivery of the Mental Health Framework

Links to Strategic Objectives/Corporate Plan	Choose an item.
Does this report seek to address any of the risks included on the Governing Body / Council Assurance Framework? If yes, state which risk below:	No
<i>Add details here.</i>	

Implications						
Are there any quality, safeguarding or patient experience implications?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Has any engagement (clinical, stakeholder or public/patient) been undertaken in relation to this report?	Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input type="checkbox"/>

Implications						
Have any departments/organisations who will be affected been consulted?	Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input type="checkbox"/>
Are there any conflicts of interest arising from the proposal or decision being requested?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Are there any financial implications?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Are there any legal implications?	Yes	<input checked="" type="checkbox"/>	No	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Are there any health and safety issues?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
How do proposals align with Health & Wellbeing Strategy?	The Mental Health framework is part of the Health & Wellbeing Strategy.					
How do proposals align with Locality Plan?	Mental health is one of the priorities identified in the Bury Locality Plan.					
How do proposals align with the Commissioning Strategy?	Mental health is part of the Commissioning Strategy.					
Are there any Public, Patient and Service User Implications?	Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input type="checkbox"/>
How do the proposals help to reduce health inequalities?	The implementation of the Mental Health framework will reduce health inequalities and improve the mental, physical and wellbeing of the Bury population.					
Is there any scrutiny interest?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input type="checkbox"/>
What are the Information Governance/ Access to Information implications?	None					
Has an Equality, Privacy or Quality Impact Assessment been completed?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Is an Equality, Privacy or Quality Impact Assessment required?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Are there any associated risks including Conflicts of Interest?	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	N/A	<input type="checkbox"/>
Are the risks on the CCG /Council/ Strategic Commissioning Board's Risk Register?	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	N/A	<input checked="" type="checkbox"/>
Additional details	<i>NB - Please use this space to provide any further information in relation to any of the above implications.</i>					

Governance and Reporting		
Meeting	Date	Outcome
Add details of previous meetings/Committees this report has been discussed.		

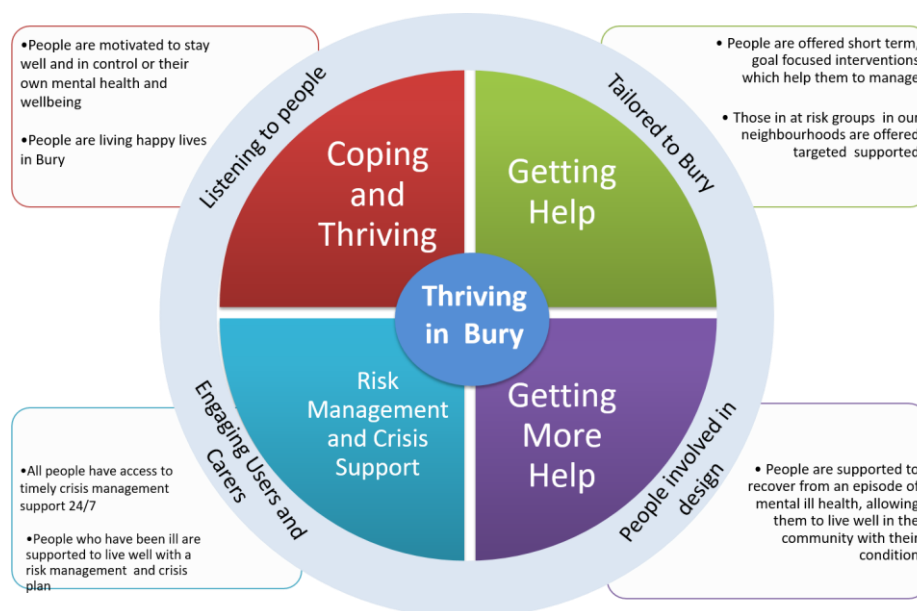
Mental Health Update

1. Introduction

- 1.1. This paper provides an update on the development of the Bury Mental Health framework, it summarises the outcomes from the engagement work that has been undertaken and highlights the next steps, with timelines until the end of March 2020.

2. Background

- 2.1 Developing integrated approaches to mental health is a key priority for Bury. Historically, mental health care has been disconnected from the wider health and care system, and as a result, people have not always receive coordinated support for their physical health, mental health and wider social needs. In October 2019, following a stakeholder engagement event, the new Thriving in Bury mental health framework was adopted for developing this integrated approach to mental health in Bury. The event included commissioners and providers from both adult and children's & young people's services.



- 2.2 The outputs from the event in October were summarised into priority actions for each of the 4 needs-led groupings displayed above. To ensure the priorities align to the needs of Bury people, the Bury Mental Health Delivery Group agreed that an extensive piece of community engagement work was needed. At this point, the Children & Young People's iThrive offer for Bury, had already progressed and

gathered engagement intelligence, therefore the community engagement work focused on adults.

3. COMMUNITY ENGAGEMENT

- 3.1 In December 2019, Bury CCG and Bury Council commissioned, Bury Involvement Group (BIG) to lead a community engagement project to inform the priorities of the Thriving in Bury mental health framework. BIG worked in collaboration with the Asian Development Association of Bury (ADAB), the Creative Living Centre (CLC) and EarlyBreak (EB).
- 3.2 Each organisation undertook specific work to build a picture of the mental health pathway as it is experienced by people within our community. ADAB led the work regarding the experiences of the BAME community; BIG the experiences of present mental health service users and people affected by homelessness through IT'S TIME4CHANGE (a VCF sector club supporting people with homelessness and other related issues); CLC focused on the wider views of people within Bury; and EB the views of young people in the area.
- 3.3 The report was presented on 8 January 2020 to the Bury Mental Health Delivery Group. It is thorough and details the engagement work undertaken, in terms of focus groups and wider online survey, it breaks down the issues experienced, the areas of value, and the identified areas of improvement.
- 3.4 Each group had particular issues and areas of development which were specific to them; however, broadly the issues of accessibility to services was a consistent theme across all groups, with people noting the Healthy Minds service as a hotspot for issues faced when seeking mental health support. It should be acknowledged that some of the pressure on this service are as a result of the identified gaps in the Coping & Thriving and Getting Help offers currently available in Bury. The framework priorities will work to address this.
- 3.5 The high level themes raised by each group can be summarised as follows:
- 3.6 **Mental Health Service Users:** Need to increase the accessibility and availability of robust community based mental health services, ranging from options targeted at preventative level to crisis level; a reduction in the waiting times for services, particularly Healthy Minds; and improved support for people discharged from the inpatient unit.
- 3.7 **Wider Public:** Improve the availability of information both within communities and across mental health services, making people more aware of what support is available when needed; a need for flexible services, individual choice and more non-medical options.
- 3.8 **People affected by homelessness:** Expand and improve the Bed For A Night service offer to include an outreach mental health model focused on delivering whole person support to this group, within spaces they are accessing in the community; and develop a more flexible and accessible Healthy Minds pathway for this group to reduce barriers they experience when seeking talking therapies.

- 3.9 **Young People:** Increase the provision of services designed to meet the needs of young people experiencing mental and emotional distress, with a particular emphasis on increasing the provision of support aimed at providing social support towards isolated young people; develop more support aimed at young people on the autistic spectrum; develop a focused transition offer for young people moving from children's services to adults age services; decrease the barriers which young people face when seeking mental health support, particularly for those presently using substances.
- 3.10 **BAME:** Develop more cultural awareness around mental health within the community through events to decrease stigma associated with mental health in BAME community; increase the availability of culturally sensitive mental health services, with an increased focus on staff training; make the mental health pathway clearer to those within the BAME community experiencing mental and emotional distress, through greater signposting, accessible information which accounts for language and terminology barriers
- 3.11 The report indicates that the people experiencing mental and emotional distress within our community have a clear understanding of what is presently working and what needs improving. It is the intention of Bury mental health partners; Bury CCG, Bury Council, Pennine Care Foundation Trust and the Voluntary Community and Faith Alliance, to continue to build relationships within the community, and with people who use mental health services, to ensure their voice is integral within the conversation around how the Thriving in Bury model develops using a co-production approach.
- 3.12 Bury CCG and Bury Council are already in the process of progressing pieces of work, prioritised at part of the NHS 10 Year Plan and GM Mental Health Strategy, and the Bury Locality Plan that will address some of the gaps identified from the Engagement Report.
- 3.13 NEXT STEPS**
- 3.14 PROJECT GROUPS**
- 3.15 In the first quarter of 2020, four project groups will be established, with a Lead and Supporting Officer for each area of the framework. The group members will be key stakeholders linked to the actions already outlined in the framework. The groups will review the Community Engagement findings and agree from the list of actions which are priority to develop.
- 3.16 The group membership will include people with lived experience, co-production will be a golden thread throughout the review of services and development of new actions.
- 3.17 The role of the group Leads and Supporting Officer are outlined below.
- 3.18 Thrive delivery Leads will:
- Be responsible for defining the programme of work against the objectives outlined in the Thriving in Bury plan.
 - Ensure there is a clear plan for delivering the projects in the assigned 'Thriving in

- Bury' need group, including timescales, managing risks and issues.
- Accurate and timely reporting to the Mental Health Delivery Group.

3.19 Thrive Supporting Officers, will work closely with the delivery Leads to:

- Ensure the projects are in line with and informed by / inform the Thrive direction and strategic commissioning.
- Support the Leads to progress workstreams / projects with Project Plans.
- Ensure all appropriate stakeholders are mapped and are appropriately involved in each project (including people with lived experience and other system partners)

	ACTION	TIMESCALES
1	Establish the Project Groups, with clear Terms of Reference and membership.	End of January 2020
2	Each Group to review all intelligence, including the Engagement Report to agree short and long term priorities.	Mid February 2020
3	Each Group to develop a detailed 12 month Action Plan with timelines and finance plan.	End of February 2020
4	Sign off overarching Action & Finance Plan.	Mid March 2020

3.20 MENTAL HEALTH DELIVERY PLAN

3.21 The focus of the framework is a whole system approach to mental health, working with service users and wider partners, with a clear focus on early intervention and prevention.

3.22 An overarching Communications Strategy will be developed to inform the public, and health and social care partners of the new framework. As work develops in each of the Project Groups, progress will be communicated both internally and externally.

3.23 The outcomes of the mental health framework will align to the objectives of the Bury 2030 Plan.

3.24 The focus will be to enable the people of Bury to live in a place where they can co-create their own good health and well-being and to provide good quality care when it is needed to help people return to the best possible quality of life, by enabling happy people, a thriving place, creative ideas, advanced infrastructure and enterprising business.

3.25 The following is progress on existing and key areas of work that have already been identified following the initial scoping exercise.

3.26 Coping and Thriving

- Develop targeted on and off line information and resources for those seeking mental health and wellbeing support, with details of the local offer, targeted for carers / schools / care leavers / SEND families and workplaces.

- Develop a communications campaign with messages about resilience and promoting wellbeing, and reducing the stigma. Building on national and GM plans to deliver local messages across a range of platforms.
- Promote the principles of Connect 5 to Bury communities, to empower people to take proactive steps to build resilience as individuals and within their communities and to look after themselves.
- Targeted work for suicide prevention and bereavement support; the Bury Suicide Prevention Group has refreshed the Action Plan for 20/21 and in December 2019 a new peer support group for those bereaved by suicide started in Tottington and Prestwich.

3.27 Getting Help

- Working with LCO partners to develop an integrated neighbourhood mental health support offer, and an MDT offer for those with complex needs. Feedback from the engagement has highlighted that this a gap and needs to be prioritised for development at the next phase, moving away from a solely clinical offer and working closely with VFCA organisations.
- Review the current IAPT service model to improve performance, improve the experience of those on waiting lists, reach out to underrepresented cohorts and introduce a digital therapy offer. An IAPT working group has already been formed to take this piece of work forward.
- Development of an Early Attachment Service as part of specialist community perinatal mental health. This new service will go live in 2020.
- Develop, in-line with GM plans, a mental health support offer for problem gambling and rough sleepers. Linked in with work undertaken at GM, workshop scheduled for the end of January, local priorities and plans will be developed following this.

3.28 Getting More Help

- Redesign the Community Mental Health provision to meet the needs of Bury patients, initial scoping work has been undertaken for the Bury CMHT, a PCFT footprint wide workshop is scheduled for the end of January to discuss the remodelling of this service with commissioners.
- Review of inpatient flow, including the inpatient DTOC and Out of Area escalation procedure, this has been included in 2020/21 commissioning intentions.
- Review the Early Intervention in Psychosis service to achieve access and waiting times targets, the EIP service is working towards achieving level 2 NICE Concordance by 20/21 and level 3 by 21/22.
- Implement a dedicated Transition Service to enhance the core Children and Young Peoples Mental Health service to ensure safe and supported transition of 16 to 18 year olds to adult services. This service will go live from March 2020.
- Development of the Bury iThrive model, at part of the Children and Young Peoples programme of work.

3.29 Risk Management and Crisis

- Develop the Home Treatment Team core fidelity to the national model, additional investment has been made into this service with an improve offer which includes a Primary Care GP Connect, additional Therapists to expand the team, and a dedicated consultant. A detailed review of this service will be conducted in 2020.

- An Options paper to develop CORE 24 all age Mental Health Liaison service standards in partnership with HMR CCG, has been prepared and is going through the governance process. Further conversations are taking place with colleagues to make sure the project is aligned with the Bury Urgent Care Programme.
- Development of an out of hour's community crisis support service, with daytime aftercare support, this project will be a 12 month pilot and is currently at the procurement phase and expected to go live in May 2020.
- Conduct qualitative interviews with service users presenting in crisis leading to an admission to establish what could have made a difference. Discussions are taking place with main provider PCFT, to establish how this can be built into the discharge process.

4 Associated Risks

4.1 There are several risks identified at this stage to meet the outcomes of the delivery of the framework. The main risks are highlighted as:

- Staff capacity to meet the needs of the framework
- Maintaining wider stakeholder engagement
- Deliver change at pace
- Potential financial challenges

5 Recommendations

5.1 The Strategic Commissioning Board is asked to note progress against the mental health framework.

6 Actions Required

6.1 The Strategic Commissioning Board is required to:

- Note the progress made against the mental health framework;
- Receive further updates as required.

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January 2020